

## Useful website addresses

Scottish NHS public travel site

[www.fitfortravel.scot.nhs.uk](http://www.fitfortravel.scot.nhs.uk)

Department of Health

[www.nathnac.org](http://www.nathnac.org)

National Travel Health Network and  
Centre

[www.fco.gov.uk/knowbeforeyougo](http://www.fco.gov.uk/knowbeforeyougo)

Immunisation issues

[www.immunisation.nhs.uk](http://www.immunisation.nhs.uk)

Malaria for the general public

[www.malariahotspots.co.uk](http://www.malariahotspots.co.uk)

The Foreign office provide a travel  
advice information service on CEEFAX  
page 470 (BBC2)

## Useful leaflets

The Medical Centre can offer the  
following travel-related leaflets:

Ears and air travel

HIV/AIDS—Advice for travellers

Malaria

Sun protection

*or download them from our website.*

Shipston Medical Centre

Badgers Crescent

Shipston on Stour

Warwickshire

CV36 4BQ

Tel: 01608 661845

[www.shipstonmedicalcentre.co.uk](http://www.shipstonmedicalcentre.co.uk)



Shipston Medical Centre  
Patient Information

***Travel Health  
Clinic***



## Travel Health Clinic

Travel vaccines are given at a dedicated Thursday evening clinic 5pm–7pm, held every three weeks at the Medical Centre. They allow travellers to be given a planned, comprehensive service without encroaching on other routine and urgent appointments.

Last minute vaccinations cannot be accommodated by the Travel Clinic, thus only travellers who have left ample time to complete their schedules can be vaccinated. Depending on the destination travellers may require up to 6 weeks to complete their schedule. If you have less time than this before travelling or would find it more convenient to have your vaccinations elsewhere we would suggest that you contact MASTA at [www.masta-travel-health.com](http://www.masta-travel-health.com) or telephone **0906 550 1402** (calls are charged at national rate) for information about alternative clinics. An alternative clinic is held at **Premier Medical Centre** in Knowle, and their telephone number is **0845 4501 582**.

We regret that we are very unlikely to be able to meet your needs if your travel is less than 3 weeks from the date that you return your documentation.

## What you need to do

If you think that you will need travel vaccines this is what you need to do:

1. Obtain a travel pack from the Medical Centre reception or download one from our website - [www.shipstonmedicalcentre.co.uk](http://www.shipstonmedicalcentre.co.uk)
2. Read the contents of the travel pack carefully.
3. Complete the enclosed Risk Assessment form.
4. Either:  
Print off a 'Fit for Travel' brief for EACH country that you are visiting from [www.fitfortravel.nhs.uk](http://www.fitfortravel.nhs.uk)  
Or  
Obtain a MASTA Health Brief from [www.masta-travel-health.com](http://www.masta-travel-health.com) or by telephoning **0906 550 1402**.  
*Calls charged at national rate.*
5. Return the completed Risk Assessment form and Fit for Travel or MASTA Health Brief to the Medical Centre.

A practice nurse will then contact you within one week with details of an appointment.

## Prices

Not all travel vaccines are available on the NHS and some are costly. A schedule of current prices is enclosed in the travel pack. The practice nurse will ask you to pay by cheque when you attend your first appointment, before administering your vaccinations. **Sorry but credit and debit cards are not accepted.**

Some long haul flights or complex itineraries will require more than one appointment.

## Malaria

Malaria prevention tablets are available on private prescription. A separate appointment may be required with your doctor to obtain this prescription. *Please do not make this appointment until the practice nurse has advised you that it is necessary.*